EU values, the Charter of Fundamental Rights and the Rule of Law explained



The European Union (EU) is much more than an economic alliance or a political partnership—it's a **union based on shared values**. These values shape everything from how governments function to the rights you enjoy as an EU citizen. They are embedded in the **Treaty on European Union (TEU)**, protected by the **Charter of Fundamental Rights**, and upheld through the **rule of law**.



But how do these three elements

—EU values, the Charter, and the rule of law—
work together?

And why do they matter more than ever today?

Let's break it down.



1. EU Values: the foundation of the Union

They are listed in **Article 2 of the TEU** and include:

- Democracy Free and fair elections, open political debate
- Rule of Law Governments must follow the law and respect judicial independence
- Human Rights Freedom of speech, press, and religion
- **Equality** No discrimination based on gender, race, or sexual orientation
- Freedom The right to live, work, and express yourself without oppression

These values aren't just symbolic: they guide how the EU operates and influence decisions on funding, membership, and legal enforcement.



['] Example:

Candidate countries like Ukraine and Serbia must prove their commitment to these values before joining the EU.

2. The Charter of Fundamental Rights:

Protecting Individual Freedoms

The **Charter of Fundamental Rights of the EU (CFR)**, which came into force in 2009, strengthens these values by giving EU citizens **specific rights and protections**. It covers six main areas:

Dignity

Right to life, prohibition of torture

Freedoms

Freedom of expression, privacy, asylum rights

Equality

Gender
equality,
LGBTQ+ rights,
minority
protections

Solidarity

Workers'
rights, social
security,
healthcare
access

Citizens' Rights

Right to vote, good administration



Right to a fair trial, presumption of innocence

How Does the Charter Work?

- >>> It applies only when EU law is involved (e.g., a national law violating an EU directive)
- >>> The European Court of Justice (ECJ)
 enforces it—if a national government
 violates your rights under the Charter,
 you can take the case to the ECJ

Example:

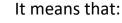
The General Data
Protection
Regulation (GDPR)

which protects your personal data online — is based on the right to privacy under the Charter.

3. The Rule of Law:

Holding Governments Accountable

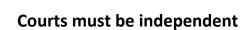
The rule of law is what ensures that EU values and fundamental rights are respected in practice.





Laws apply equally to everyone

including governments and politicians



judges should not be controlled by politicians

Democratic principles must be protected

elections must be free and fair

>>> If a government undermines the rule of law, the EU can intervene <<<

Annual Rule of Law Reports - Each EU country must submit a report on democracy, judicial independence, and corruption risks.

European Court of Justice (ECJ) - Can rule against governments that violate EU law.

Financial Sanctions - The EU can block **funds** for governments that break democratic principles.

Article 7 Procedure – The "nuclear option" that can strip a country of voting rights if it violates EU values (though it's rarely used).



Example:

The EU suspended billions of euros in funding to Hungary Poland for and weakening judicial independence and controlling the media.



4. How Do They Work Together?



The Charter of Fundamental Rights protects

individuals –

It ensures that citizens' freedoms are respected.

They define what the EU stands for.

both – It holds
governments
accountable when
they undermine
democracy or human rights.

Think of it like this:

EU values are the foundation, the Charter is the legal framework, and the rule of law is the enforcement mechanism

Example:

When Poland's government tried to discipline judges who ruled against them, the ECJ ruled it illegal under the Charter, and the EU threatened financial penalties under the rule of law mechanism.

5. Why Does This Matter to You?

Your rights are protected

From online privacy to fair working conditions, these rules affect your daily life.

Democracy is at stake

If EU values weaken, governments could restrict press freedom, manipulate elections, or silence critics.

The EU's credibility is on the line

If the EU allows some governments to ignore these principles, its legitimacy is weakened.

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Conclusion

The rule of law is **not just a legal principle**, it is the foundation of European cooperation.

Its erosion in some member states threatens the EU's legal order, economic stability, and political unity. While the EU has taken measures to address these challenges, enforcement remains politically complex, requiring stronger institutional safeguards and political will from all member states to uphold democratic principles.



What do you think?

Should the EU be tougher in defending democracy and human rights, or should member states have more freedom to set their own rules?

