

EU mobility programmes for Youth



ESC



Programme aimed at creating opportunities for young people to **volunteer** or **work** in projects that benefit communities and people around Europe.

ELIGIBILITY:

- Young people aged **18 to 30**;
- Residents of **EU member states** and a number of **partner countries**.

BENEFITS:

Provides financial support for participants: covering **travel costs**, **accommodation**, **food** + daily **POCKET MONEY**

INDIVIDUAL VOLUNTEERING PROJECTS:

Single volunteer working on a project full-time;

Between 2 and 12 months.

TEAM VOLUNTEERING PROJECTS:

10 to 40 volunteers from different countries;

Between 2 weeks and 2 months.



HOW:

Log on to the **European youth portal** and get in touch with a sending association.

ERASMUS+ TRAINING COURSES:

ERASMUS+ YOUTH EXCHANGES:

ELIGIBILITY:

Youth **workers**, **trainers**, **educators**, and young people involved in **youth organization** (age: +18).

Young people aged **13 to 30** from different countries, accompanied by **group leaders**.

DURATION:

Between **2 days** and **2 months**.

From **5** up to **21 days**.



Travel, **accommodation**, and **participation** costs are covered.



HOW:

Contact a sending association in your country.